

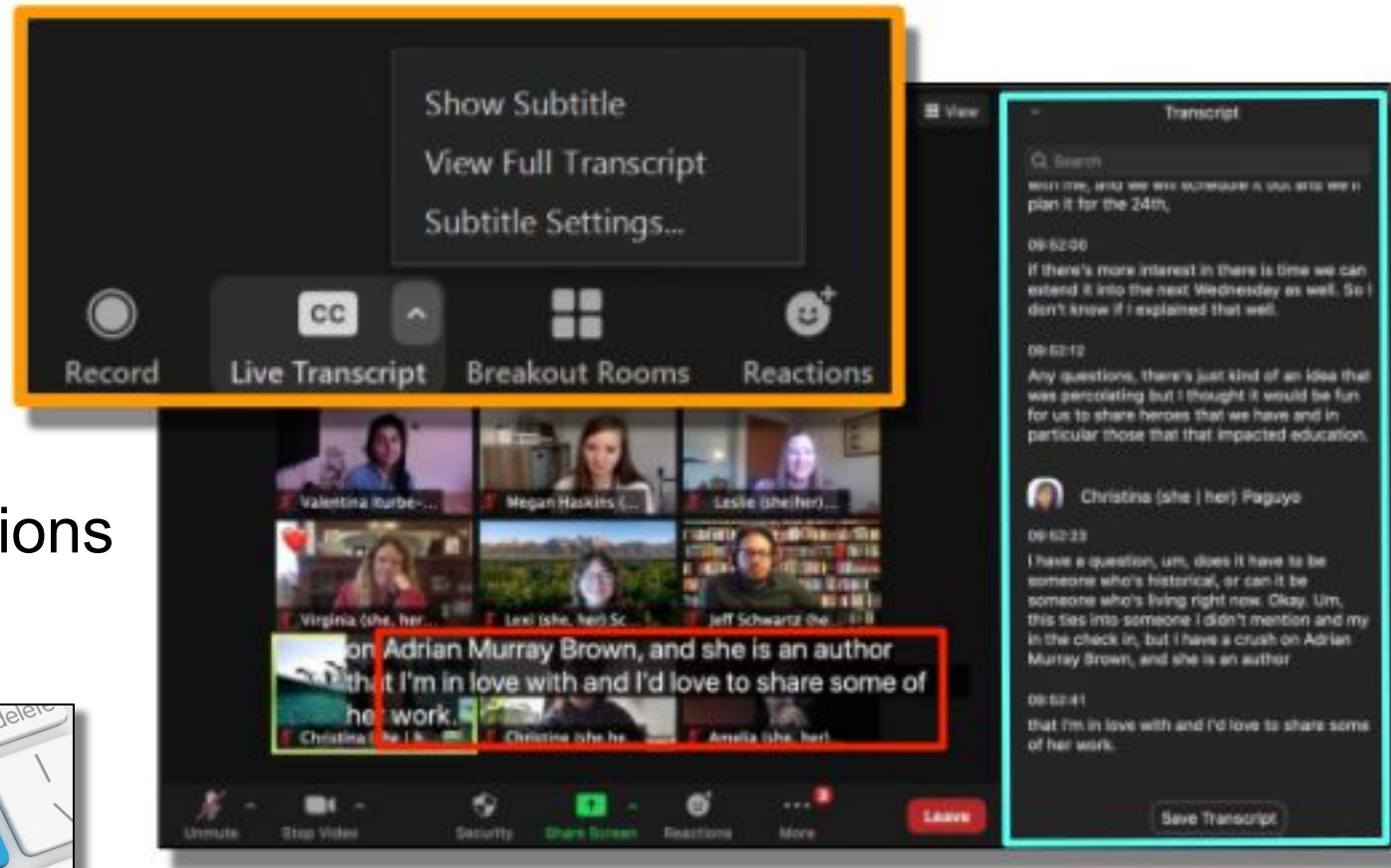
# WELCOME!

## CEILS Forum to Answer Your Questions on Bruin Learn and Remote Teaching

Friday, January 21, 2022

1

# Access Notes



Transcripts/captions



If you can't find the captions,  
let us know in the chat

# Land Acknowledgement

***The CEILS team at UCLA acknowledges our presence on the traditional, ancestral and unceded territory of the Gabrielino/Tongva peoples.***

Visit <https://gabrielinotribe.org/history/> to learn more about the history of this territory.

Visit <https://native-land.ca/> to learn more about the history of those lands that are inhabited by non-indigenous peoples

# UCLA CEILS

Center for Education Innovation & Learning in the Sciences



Rachel Kennison, MSW, Ph.D. (she/her)  
Director



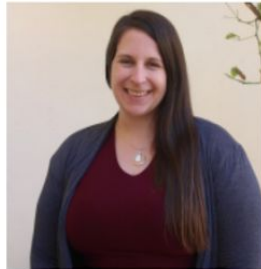
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Communications Manager

# Other Opportunities for You to Engage in Professional Development Supporting Teaching

## CEILS Summer Institute



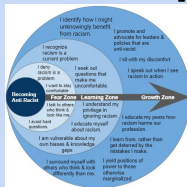
## CEILS Equitable Teaching Workshops



## Bringing Theory to Practice Workshops



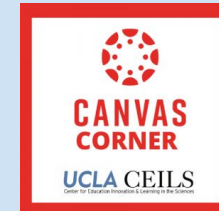
## CEILS Anti-Racism Workshops



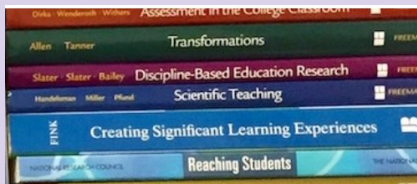
## CEILS Journal Club



## Bruin Learn



## CEILS Equitable Teaching Guides



## CEILS Newsletter



## CEILS Faculty Learning Program



# Resources

[Winter Forum 2022 CEILS Event Page \(will have recording, chat, resources, notes!\)](#)

[Winter Forum 2022 Resources](#)

[Winter Forum 2022 notes](#)

**Friday, January 28, 11AM-noon:**

EPIC's Ready, Set, Teach! Winter 2022 Virtual Undergraduate Student Panel will discuss the impact of toggling between in-person and remote instruction on student learning, health, and wellness.

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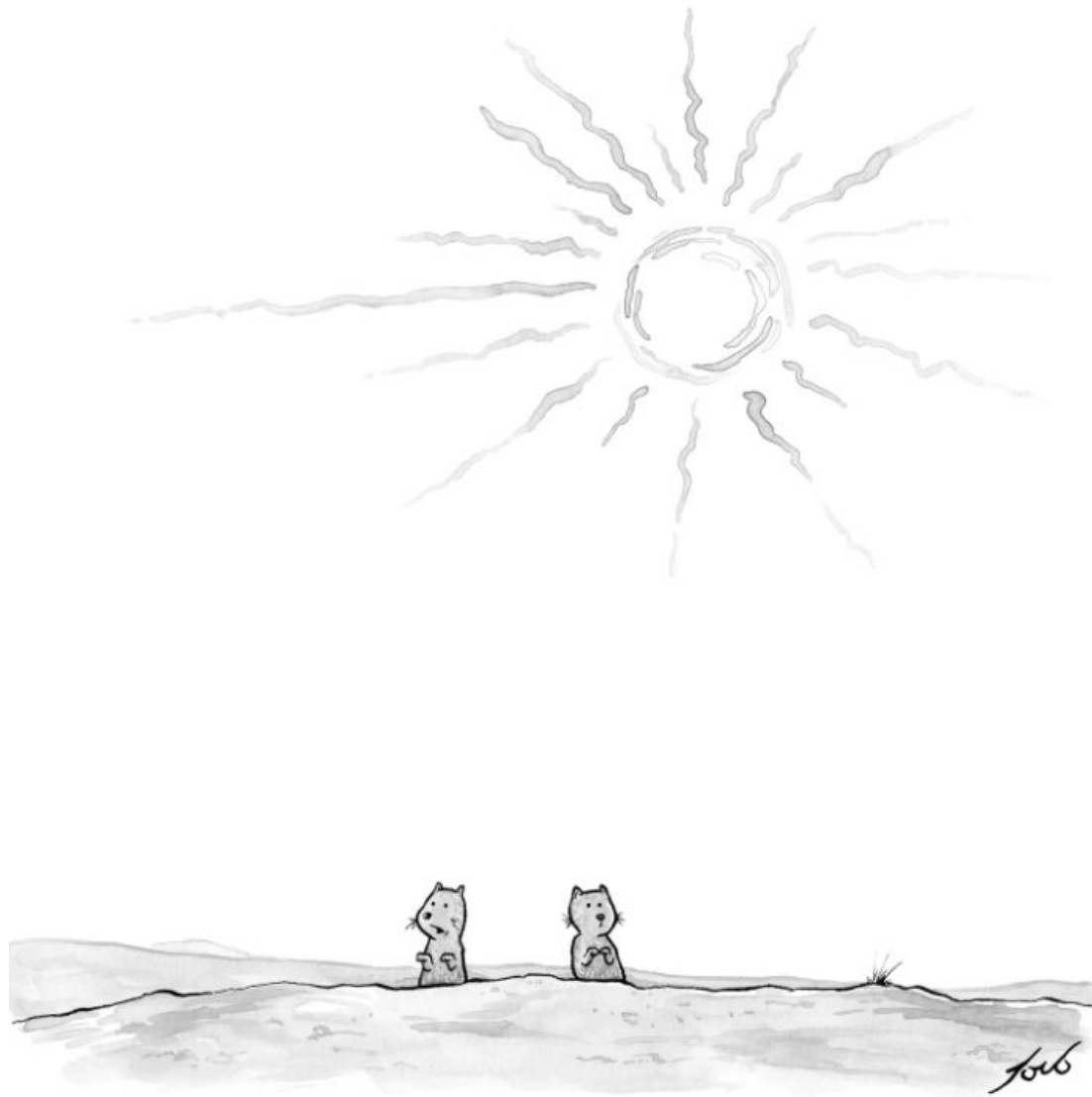
# Structure of the session

Introduction: 5 minutes

Most highly voted questions: 25 minutes

Audience questions (from the google form & present audience): 25 minutes

Wrap-up & notes on self-care: 5 minutes



*Other than the constant looming threat of danger, it's a beautiful day*

New Yorker



# Let's take a minute and just breathe



# Welcome Panelists!

## Faculty

- **Al Courey**, Chemistry & Biochemistry
- **Eric Deeds**, Integrative Biology & Physiology
- **Deb Pires**, Life Science Core
- **Morgan Tingley**, Ecology & Evolutionary Biology

## Technical Support/IT

- **Enrique Reyes**, Statistics
- **Johnathan Rodgers**, Life Sciences
- **Cody Ashe-McNalley**, Atmos/Oceanic Sci

## Online Teaching and Learning (OTL) and LMS Transition Team

- **Bret Brinkman**, LMS Transition Team
- **Agustín Rios**, LMS Transition Team
- **Kim DeBacco**, OTL
- **Mark Kayser**, OTL
- **Sirui Wang**, OTL

## Graduate and Undergrad Students

- **Emoni Cook**, Ecology & Evolutionary Biology
- **Kaylie Bair**, Engineering & Physical Sciences
- **Naomi Hammonds**, Psychobiology

# Most highly voted questions

**What are faculty, graduate students, and undergraduate students struggling with, and what are some ideas to address these struggles?**

**What are some ways that faculty can help support struggling students and better build communities of students to support one another, especially in a remote environment?**

**How can I move my assessments to Bruin Learn?**

**What are the best practices for administering exams this quarter with a potential mid-quarter switch to in-person instruction? Can my exams still be online if/when we switch to in-person instruction?**

**What should I be considering in terms of transitioning from remote to in-person learning?**



**How can I support students who need to miss class due to being sick?**

**You ask, we answer!**  
**(Pre-asked questions)**

# How do I design and facilitate collaborative group work using Zoom platform?

**What support exists on campus for creating good quality recordings of lectures and interactive online activities?**

**How can I get started with Bruin Learn and understand its functionality in the quickest way?**

**How do you best achieve CAE accommodations in Bruin Learn, especially adding time to exams for multiple students at once?**

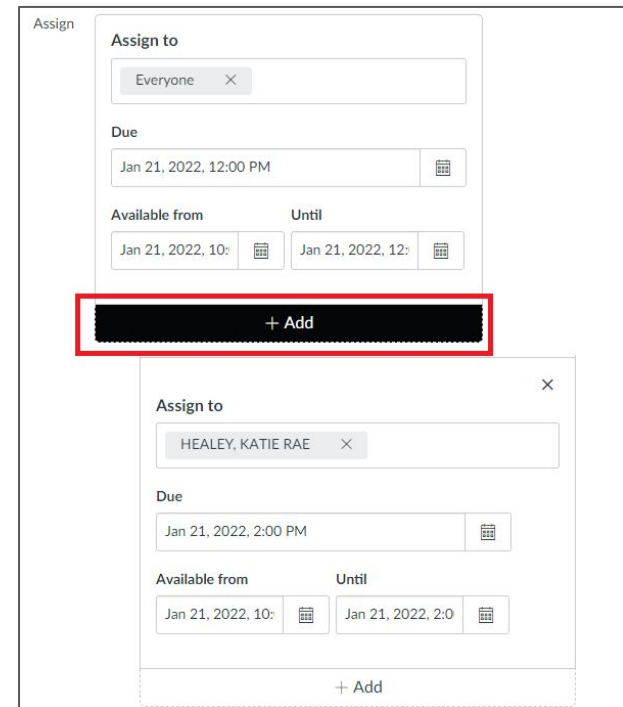
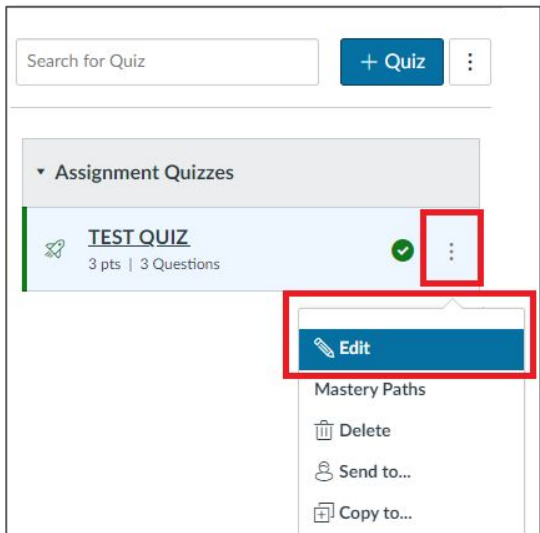
# Bruin Learn Accessibility: Extending Quiz Time

## Two steps:

1. **Edit Quiz** → **Details, Assign** at bottom: choose “**+Add**”

Add names of students with time accommodations and update **available from/until** to cover the **longest** accommodation needed

Publish quiz before step 2

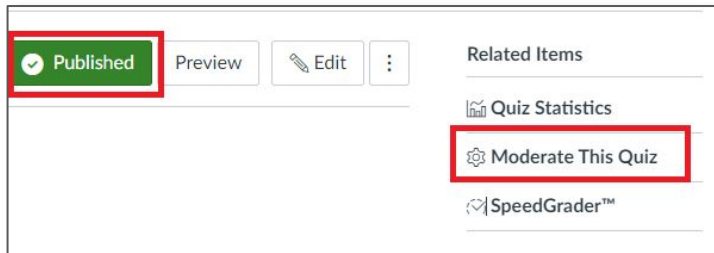


# Bruin Learn Accessibility: Extending Quiz Time

## Two steps:

2. **Moderate This Quiz** → select each student with the **same** time accommodation length, click the pencil icon on the right, and enter additional testing time

If necessary, repeat for students sharing **another** time accommodation length



Published Preview Edit ⋮

Related Items

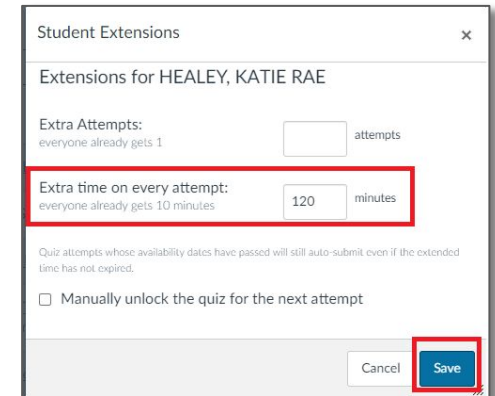
- Quiz Statistics
- Moderate This Quiz**
- SpeedGrader™



Moderate Quiz

Search People Filter

<input type="checkbox"/> Student	Attempt	Time	Attempts Left	Score	⌵
<input checked="" type="checkbox"/> HEALEY, KATIE RAE	--		1	-	



Student Extensions x

Extensions for HEALEY, KATIE RAE

Extra Attempts:  
everyone already gets 1  attempts

**Extra time on every attempt:**  
everyone already gets 10 minutes  minutes

Quiz attempts whose availability dates have passed will still auto-submit even if the extended time has not expired.

Manually unlock the quiz for the next attempt

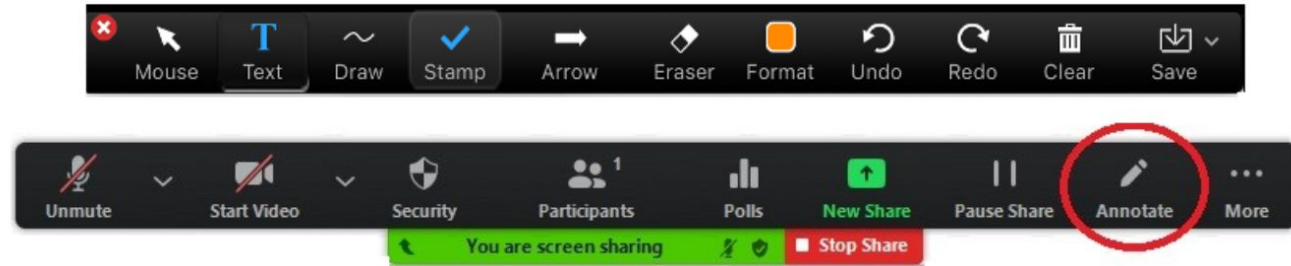
Cancel **Save**



**For those that have started using Bruin Learn, what are some lessons learned so far that you would like to share?**

# What questions do you have now? Open forum

# Annotate: Which time-saving measures have you tried or would like to try?



- A. Cut content
- B. Grade for completion instead of accuracy - or automating grading
- C. Allow students to drop more assignments so you don't have to deal with all the logistical emails
- D. Use discussion forum (Bruin Learn, Piazza, slack) instead of email, where students ask questions (and see other responses)
- E. Let go of perfectionism - it doesn't have to be perfect!
- F. Other (add in the chat)

**Tell us in the chat: What are you doing for yourself?**

# Simple Reminders of things you can do for yourself

1. Move away from the computer!
  - a. Go outside for a few minutes of sunshine, fresh air or simply change your space for at least 10 minutes.
2. Take at least one minute to deep breathe.
3. Set a time to stop working. Schedule intentional breaks.
  - a. Breaks could be taking time to nap, to colour, to play with your pet, to cook your favorite meal etc. **Something that helps you to reset and brings you joy.**
4. Talk it out, with a friend, loved one, or therapist.
5. Reward yourself at the end of a task or the day! You deserve it!

# Some more in depth things to think about

## 20 THINGS TO START DOING FOR YOURSELF

[www.thirteenthoughts.com](http://www.thirteenthoughts.com)

1. START SAYING "NO"
2. LEARN TO FACE YOUR PROBLEMS, HEAD ON
3. MAKE YOURSELF A PRIORITY
4. BE GENTLE WITH YOURSELF
5. LEARN TO BE HAPPY FOR OTHERS
6. START FORGIVING AND LEARN TO LET GO
7. WORK ON SMALL GOALS, EVERY SINGLE DAY
8. START NOTICING THE BEAUTY OF SMALL, EVERYDAY THINGS
9. ONCE IN A WHILE, TAKE A MENTAL BREAK
10. BE YOURSELF-NOT WHAT THE WORLD TELLS YOU TO BE
11. CHERISH AND NURTURE YOUR RELATIONSHIPS
12. START MAKING TIME FOR DOING THINGS YOU LOVE
13. LEARN TO CELEBRATE YOUR VICTORIES
14. SPEND MORE TIME IN THE PRESENT
15. END TOXIC RELATIONSHIPS
16. START TREATING YOUR BODY WELL
17. DO MORE THINGS THAT SCARE YOU
18. CREATE A REGULAR GRATITUDE PRACTICE
19. STOP WAITING AND START DOING
20. START GIVING MORE LOVE TO YOURSELF AND OTHERS

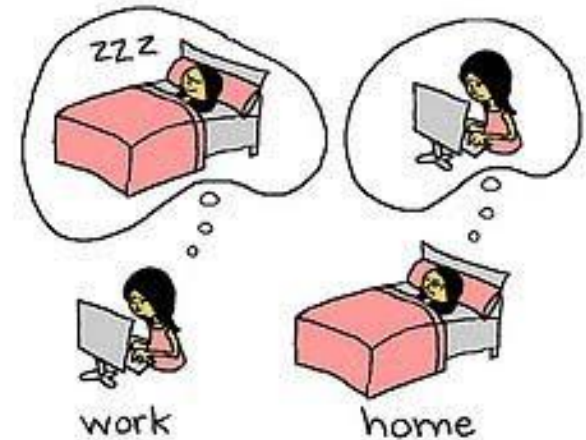
# A reminder about Stress & Sleep

## Stress

- Identify your stress triggers **AND** find positive coping mechanisms (both preventive and reactive)

## Sleep

- Decreased sleep affects ability to retain and process information
- Establish a healthy sleep schedule



**The lines can blur with remote work, so be intentional!**

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